# Breaking Barriers, Building Bridges



Co-funded by the European Union

#### What?

This is a Youth Exchange cofunded by the Erasmus+ programme of the European union and organised in partnership with 3 organisations from Slovakia, Czech Republic and Hungary.



#### WHY?

- Develop a greater understanding and appreciation of diversity, promoting respect regardless of the background.
- Build more inclusive and cohesive communities.
- Encourage active citizenship, promoting the values of democracy, human rights, and social justice.







WHERE?

WHEN? 10-21 MARCH 2023

# For whom?

The project is available for anyone who is interested in the topic of social inclusion empathy and is willing to work on the needs described above. NO high level of English is required to participate; moreover, the project will help in the development of English speaking skills.

From each country will participate 11 participants aged 18-25 and one group leader aged over 18.

## Location

The youth exchange will take place in Izvoare, a small town which lies in the heart of Transylvania. It is surrounded by the beautiful Transylvanian mountains and provides a breathtaking view of nature. The accommodation is one hour walk to the Zetea dam and lake. It represents the perfect place to connect with nature and enjoy the beautiful surroundings of the place.



# Accomodation

For the accommodation, we will face the facility of "Pension Irgo". It is a place sourounded by nature and beautiful landscapes.

Accommodation will be arranged in houses for 8 people. Each house has 3 dormitories, two bathrooms a kitchen, porch and balcony.

Breakfast, lunch, and dinner will be served at the same location every day, plus the coffee breaks. Please bring your own towels, as the acoomodation won't provide those.

#### Click here to view the accomodation

### Transport

Transportation will be ensured by bus with a transport company that will depart from Czech Republic and stop in a pick up point in Slovakia, Hungary and Romania.

Each participant is in charge of arraging own transportation from city of residence to the meeting points which will be established later.

# Meals

We will provide you with three meals/day and two coffee breaks. The meals will take into account all the participant's dietary aspects such as allergies, intolerance, and preferences. If you have any special requirements regarding food (allergies, intolerances, vegetarian, vegan, etc.) you are obliged to inform us in writing through the application form prior to the beginning of the mobility. Otherwise, we might not be able to accommodate your requirements. If you do not eat pork, we will provide you with a vegetarian menu.

### Weather and dress code

In the area of Izvoare, the average temperature in March is between 10 °C and 15 °C. Please check <u>accuweather.com</u> for more updated information about the weather. Please bring casual comfortable sportswear, slippers or sneakers for indoor and comfortable shoes for outdoor activities, we suggest you to bring hiking boots.

According to the meteorological release, we do not expect rain during our mobility, but you never know, so you could pack a waterproof jacket just in case.

# Intercultural evenings

Each country is expected to prepare a short program to present their culture and eventually to bring some typical local drinks and snacks. We encourage the participants to be as creative as possible in presenting their culture, to use theatre, dances or live presentations.

#### **Travel insurance**

All the participants are required to have a valid travel insurance for the whole period of the projects including the travel days. The insurance must cover:

- Third-party liability
- Lost or stolen baggage.
- Accident and serious illness.

We cannot accept participants without travel insurance. Supplementary, we also recommend our participants to get the European health insurance card.

### How to apply?

In order to apply it is enough to click the link below and fill in our form. Once you press submit we will have a look on your application and get back to you with an answer as fast as possible.



# Contact

For any info regarding the project, you can reach us via email at **info@yes-eu.ro**. Make sure you use "Breaking Barriers, Building Bridges" in the subject of the email for any message you want to send us.